

The Wycliffe Medical Practice

Festive Newsletter



The Doctors and Staff of
The Wycliffe Medical Practice
wish their patients
a Happy Christmas
&
a Healthy New Year



We will be closed on
26 & 27 December 2016
and on
2 January 2017



If you need medical advice when we are closed -
please call 111 from landlines or mobiles.

NHS 111

will direct you to the most appropriate service to
deal with the issue that you have

You can also find out more about what options are available to you
on our website – www.wycliffemedicalpractice.nhs.uk



For information about healthcare advice and services
available in your area

download the new, free NHS Now healthcare app



If you take regular medication and will require a repeat prescription during the
Christmas period or shortly afterwards, please remember that we are happy for you to
order early to avoid any delays caused by the festive holidays.

Please call 01455 200793 to leave request, order online,
in person at the surgery or at your usual local pharmacy



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Please join our Patient Group

All patients of the Wycliffe Medical Practice are invited to join our
VIRTUAL PATIENT GROUP

This is a patient group for busy people.

**We will send you newsletters and updates and may ask you to complete short surveys
to help develop or improve our services**

Please visit our website www.wycliffemedicalpractice.nhs.uk to join

Flu Jabs



Are you eligible for a free NHS flu jab?

If you were born on or before 31 March 1952 or suffer from lung, heart or kidney disease, diabetes, or you have had a stroke you are entitled to a free flu jab.

Are you a carer?

Do you look after someone elderly, frail or disabled who could not manage if you were ill?

If so, you qualify for a free flu jab, whatever your age.

We do still have a few flu vaccinations available for eligible patients.

Please book now either at Reception or be calling 01455 553531

Antibiotics are not always the best thing for you



At the Wycliffe Medical Practice we aim to provide our patients with the best possible care. We therefore want to make you aware that you can treat yourself and your children effectively and safely for most of the coughs, colds, sore throats and earaches. In most cases antibiotics will not make any improvement in the symptoms or the length of time you are ill.

Although many people are aware that antibiotics don't work for most coughs, colds, sore throats and earaches, we do find that they come to see their GP expecting treatment when there is nothing that can be prescribed to help. Also, using antibiotics unnecessarily increases the risk of bacteria developing that are resistant to them, so they won't work when they are really needed.

What will we be doing? We will be encouraging all patients who have what are known as 'respiratory tract infections' to treat themselves and their children with simple remedies at home. We have a Minor Illness Booklet available from Reception and links to information on our website that can help you.

All members of the Practice are committed to ensuring that antibiotics are used responsibly and we will help you to manage your ailments without them where appropriate.