

The Wycliffe Medical Practice

Autumn 2015



It is time to book your Flu Jab!

Everyone born before 1 April 1951 is eligible for a flu jab this year.

Plus patients of all ages with long term health conditions such as Diabetes, Heart or Lung Disease or who have had a Stroke. Pregnant ladies are also eligible.



If you find it difficult to attend for a flu jab in the week, please book an appointment at our special Saturday Clinic on October 10th.

If you are a carer you may also be eligible, whatever your age. For Flu jabs, carers are defined as someone who looks after another person (who is frail, elderly or disabled) whose well-being would suffer if they were not able to care for them. This applies to carers who are not employed in the role professionally but care for family or friends voluntarily. Please note that you do not need to be in receipt of a carers allowance to qualify as a carer.



Please contact our Reception Team to book your appointment now

Childrens Flu Immunisations are for healthy children aged two, three or four on 31 August 2015

It therefore applies to all children born between 1 September 2010 and 31 August 2013.



We have several special clinics arranged to enable you to bring your child for their flu immunisation, most are on week day afternoons or on Saturday 10th October.

If you want to find out more about the Children's Flu Immunisations please visit

<http://www.nhs.uk/conditions/vaccinations/pages/child-flu-vaccine.aspx>

Or ask our Reception Team for details.

Meningitis B Vaccination is a new vaccination for babies but is only available to those born on or after 1 May 2015. There will not be a catch-up dose for older babies. For more information about childhood vaccinations visit

<http://www.nhs.uk/Conditions/vaccinations/Pages/meningitis-B-vaccine.aspx>

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At the Wycliffe Medical Practice we aim to provide our patients with the best possible care.

We therefore want to make you aware that you can treat yourself and your children effectively and safely for most of the coughs, colds, sore throats and earaches. In most cases antibiotics will not make any improvement in the symptoms or the length of time you are ill.

Although many people are aware that antibiotics don't work for most coughs, colds, sore throats and earaches, we do find that they come to see their GP expecting treatment when there is nothing that can be prescribed to help. Also, using antibiotics unnecessarily increases the risk of bacteria developing that are resistant to them, so they won't work when they are really needed.

What will we be doing?

We will be encouraging all patients who have what are known as 'respiratory tract infections' to treat themselves and their children with simple remedies at home. We have a Minor Illness Booklet available from Reception and links to information on our website that can help you.

All members of the Practice are committed to ensuring that antibiotics are used responsibly and we will help you to manage your ailments without them where appropriate.

Booking Appointments or Ordering Prescriptions Online

Did you know it is quick and easy to book a GP appointment or order your repeat medication online - but you need to be registered for this service first. Please show your photographic ID at Reception and we can register you today!

Virtual Patient Group

Would you like to keep up to date with what is happening at the Wycliffe Medical Practice? Are you interested in helping us to review services? If so you should join our Virtual Patient Group. Visit our website to join:

<http://www.wycliffemedicalpractice.nhs.uk/patient-group>